

Dairy free option available

ALLERGEN INFORMATION – Spring Term 2017

Dish	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Pasta Carbonara	X		X				X							
Cheese & Onion	X		X				X							
Carrot and Orange Cake	X		X				X							
Beef Burger	X						X		X	X				
Veggie Burger	X		X						X					
Chocolate and Sultana Crispy Cake	X						X					X		
Roast Pork														
Cheese and Pineapple English Muffin	X					X	X							
Mixed Fruit Salad														
Tuna and Sweetcorn Pasta	X			X			X							
Red Pesto Pasta	X						X					X		
Fruit and Oat Crumble	X						X							
Custard							X							
Salmon Fishcakes	X			X										
Roast Vegetable Pizza	X						X							
Mince and Mixed Bean Chilli														
Veggie Mince and Mixed Bean Chilli														
Eves Pudding	X		X											
Sausage Toad in the Hole	X		X			X	X					X		
Quorn Sausage Toad in the Hole	X		X				X							
Spiced Banana Loaf	X		X				X							
Mixed Bean Goulash														
Roasted Gammon														
Iced Fruit Smoothie														
Chicken Curry														
Lentil Dahl														
Steamed Pear Pudding	X		X											
Chickpea Pasty	X						X							
Fish Fingers	X			X										
Chicken and Tomato Pasta	X													
Winter Berry Iced Sponge Finger	X		X				X							
Tomato and Basil Pasta	X						X							
Margarita Pizza Baguette	X						X							
Date and Ginger Square	X		X				X					X		
Chickpea Stew														
Roast Vegetable Tart	X						X							
Chocolate and Beetroot Brownie	X		X											
Roasted Turkey														
Cheddar, Sage & Onion Puff	X						X							
Pink Milk Jelly							X							
Meatballs in Tomato & Veg Sauce	X													
Veggie Cobbler	X													
Cherry Shortbread	X						X					X		
Hobnob Slice	X						X					X		
Coddies	X			X										
Stuffing	X													
Bread	X						X							
Yogurt							X							
Gravy	X					X								
Apple Juice														
Coconut & Jam Sponge	X		X				X					X		
Burger Bun	X										X			