

Portlocks' Pantry

Serving school meals to local schools

Our Kitchen

Welcome to our Kitchen at St. Andrew's Primary School, Chardstock

All of our fresh produce is sourced locally and we are proud to be working alongside the following reputable local suppliers to ensure our children have the best possible nutritional start in life:-

Complete Meats, Axminster for all of our meat products which are mostly Free Range and local.

Cains Farm, Bridport for our vegetables and fruit, locally grown where possible.

R.T. Parris, Chardstock for our dairy produce, including Local West Country Cheese and Free Range Eggs.

Davy's Locker, Bridport for our fish.

Paul's Award Winning Bakery, Seaton for all our daily fresh bread.

Food Hygiene Rating

The kitchen at St. Andrew's Chardstock received the maximum hygiene rating of 5 at the last inspection.

Occasionally our local suppliers may not be able to deliver and we reserve the right to make substitutions at short notice.



School Meals – The Standards

All our school meals meet the Government's nutritional based standards for meals in schools. This includes:

- Not less than 2 portions of fruit and vegetables/salad per day
- Oily fish at least once every 3 weeks
- Bread with no added fat or oil
- No added salt
- Starchy food cooked in fat or oil are not provided on more than 3 days a week
- No more than 2 deep fried food items are provided in a single week
- Allergy advice and information is available at each school and on websites



Free School Meals

All children in Reception, Year 1 & 2 are entitled to a free school meal every day.

Children in Key Stage 2 are entitled to free school meals if you are in receipt of:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The Guarantee element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit and have an annual income (as assessed by HM Revenue and Customs) that does not exceed £16,190
- Working Tax credit run on Universal Credit

You can apply on line at:

www.devon.gov.uk/free_school_meals, telephone **0845 155 1019** or ask in the school office for a form.

Pupil Premium Grant

The school can claim £1300 per pupil for all children whose parents who are in receipt of the above benefits.

This money will be used to provide extra support for your child. Please speak to the school office in confidence for further information.

School Meals Menu – Spring Term 2017

Fresh fruit or yoghurt available daily as an alternative pudding. Fresh bread available daily

W/C 2/1, 23/1, 20/2, 13/3	
Monday	Pasta Carbonara with Bacon Cheese & Onion Pasta Bake (V) Mixed Vegetables Homemade Carrot & Orange Cake
Tuesday	Complete Meats Beef Burger Veggie Burger in a Soft Bun (V) Winter Coleslaw Homemade Chocolate and Sultana Crispy Cake
Wednesday	Complete Meats Roast Pork Fresh Seasonal Vegetables Roast Potatoes and Gravy Apple Sauce Cheese and Pineapple English Muffin (V) Mixed Fruit Salad
Thursday	Tuna and Sweetcorn Pasta Bake Red Pesto Pasta (V) Mixed Salad Homemade Fruit & Oat Crumble and Custard
Friday	Davy's Locker Fish Fingers Baked Beans and Chips Roast Vegetable Pizza (V) Homemade Jam and Coconut Slice

W/C 9/1, 30/1, 27/2, 20/3	
Monday	Complete Meats Mince and Mixed Bean Chilli Rice Veggie Mince and Mixed Bean Chilli (V) Brodie's Homemade Eves Pudding
Tuesday	Complete Meats Sausage Toad in the Hole Caramelised Onions Quorn Sausage Toad in the Hole (V) Carrots and Mash Homemade Spiced Banana Loaf
Wednesday	Complete Meats Roasted Gammon Fresh Seasonal Vegetables and Fresh Pineapple Roast Potatoes Mixed Bean Goulash (V) Iced Fruit Smoothie
Thursday	Complete Meats Chicken Curry Rice and Naan Bread Lentil Dhal (V) Homemade Steamed Pear Pudding Custard
Friday	Davy's Locker Salmon Fishcake Peas and Chips Chickpea Pasty (V) Homemade Winter Berry Iced Sponge Finger

W/C 16/1, 6/2, 6/3, 27/3	
Monday	Complete Meats Herby Chicken and Tomato Pasta Green Beans Tomato and Basil Pasta (V) Homemade Date and Ginger Square Homemade Margarita Pizza Baguette
Tuesday	Homemade Chickpea Stew and Bread (V) Salad Selection Homemade Chocolate and Beetroot Brownie
Wednesday	Complete Meats Roast Turkey Sage and Onion Stuffing Roast Potatoes and Fresh Vegetables Roasted Vegetable Tart (V) Pink Milk Jelly
Thursday	Spaghetti and Complete Meats Meatballs in a homemade Tomato and Vegetable Sauce Crusty Bread Veggie Cobbler (V) Homemade Cheery Cherry Shortbread
Friday	Davy's Locker Coddies Sweetcorn and Chips Spinach and Red Pepper Quiche (V) Sammy's Homemade Hobnob Slice

