

Portlocks' Pantry

Serving school meals to local schools

Our Kitchen

Welcome to our Kitchen at St. Andrew's Primary School, Chardstock

All of our fresh produce is sourced locally and we are proud to be working alongside the following reputable local suppliers to ensure our children have the best possible nutritional start in life:-

Complete Meats, Axminster for all of our meat products which are mostly Free Range and local.

Cains Farm, Bridport for our vegetables and fruit, locally grown where possible.

R.T. Parris, Chardstock for our dairy produce, including Local West Country Cheese and Free Range Eggs.

Davy's Locker, Bridport for our fish.

Paul's Award Winning Bakery, Seaton for all our daily fresh bread.

Food Hygiene Rating

The kitchen at St. Andrew's Chardstock received the maximum hygiene rating of 5 at the last inspection.

Occasionally our local suppliers may not be able to deliver and we reserve the right to make substitutions at short notice.



School Meals – The Standards

All our school meals meet the Government's nutritional based standards for meals in schools. This includes:

- Not less than 2 portions of fruit and vegetables/salad per day
- Oily fish at least once every 3 weeks
- Bread with no added fat or oil
- No added salt
- Starchy food cooked in fat or oil are not provided on more than 3 days a week
- No more than 2 deep fried food items are provided in a single week
- Allergy advice and information is available at each school and on websites



Free School Meals

All children in Reception, Year 1 & 2 are entitled to a free school meal every day.

Children in Key Stage 2 are entitled to free school meals if you are in receipt of:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The Guarantee element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit and have an annual income (as assessed by HM Revenue and Customs) that does not exceed £16,190
- Working Tax credit run on Universal Credit

You can apply on line at:

<http://www.somerset.gov.uk/education-learning-and-schools/school-life/free-school-meals/> telephone **0845 155 1019** or ask in the school office for a form.

Pupil Premium Grant

The school can claim £1300 per pupil for all children whose parents who are in receipt of the above benefits.

This money will be used to provide extra support for your child. Please speak to the school office in confidence for further information.

School Meals Menu – Summer Term 2017

Limited fresh fruit or yoghurt available daily as an alternative pudding. Fresh bread available daily

W/C 17/4, 8/5, 5/6, 26/6, 17/7	
Monday	West Country Cheddar Macaroni Cheese Jacket Potato & Beans (V) Mixed Salad Bread Martin's Homemade Cherry Sponge
Tuesday	Complete Meats Chicken Homemade Thai Green Curry Quorn Chicken Thai Green Curry(V) Rice & Green Beans Homemade Apple, Cinnamon & Date Crumble With Custard
Wednesday	Complete Meats Roasted Gammon Fresh Seasonal Vegetables and Fresh Pineapple Roast Potatoes Butternut Squash & Spinach Filo Pie (V) Peaches & Ice Cream
Thursday	Cheese & Ham Ploughmans Cheese Ploughmans (V) Carrot, Cucumber & Apple Wedges Baguette Homemade Fruity Flapjack
Friday	Davy's Locker Fish Cake Peas and Chips Breaded Veggie Cake (V) Fresh Fruity Friday Apple Juice

W/C 24/4, 15/5, 12/6, 3/7	
Monday	Complete Meats Chicken with Red Pesto Pasta Quorn Chicken with Red Pesto Pasta (V) Peas Homemade Pineapple Upside Down Cake
Tuesday	Complete Meats Sausage Hot Dog in a soft roll Caramelised Onions Quorn Sausage Hot Dog (V) Cous Cous, sweetcorn & Carrot Salad Fresh Fruity Tuesday
Wednesday	Complete Meats Roast Turkey Fresh Seasonal Vegetables Cranberry Sauce Roast Potatoes Tomato & Mozzarella Pasta Bake (V) Strawberry Mousse Pot
Thursday	Complete Meats Homemade Beef Lasagne Roasted Summer Veg & Lentil Lasagne (V) Garlic Bread Veggie Sticks Homemade Ginger Cookie
Friday	Davy's Locker Fish Fingers Beans & Chips Spicy Chickpea Taco (V) Homemade Apricot Shortbread Finger Apple Juice

W/C 1/5, 22/5, 19/6, 10/7	
Monday	Complete Meats BBQ Mince & Rice Quorn BBQ Mince & Rice (V) Homemade Oaty Anzak Finger
Tuesday	Complete Meats Sausage Roll Homemade Cheese & Onion Tart (V) New Potatoes & Peas Homemade Pear & Chocolate Sponge, Custard
Wednesday	Complete Meats Roast Pork, Apple Sauce Roast Potatoes and Fresh Vegetables Homemade Lentil Loaf (V) West Country Cheddar, Apple Wedge & Crackers
Thursday	Complete Meats Chicken Fillet Burger in a Bap Mixed Veg Pasta Mixed Bean Stew (V) Homemade Lemon Cookie
Friday	Davy's Locker Cod Nuggets Sweetcorn and Chips Mixed Pepper Fajitas (V) Vanilla Ice Cream Pot Apple Juice