

# Portlocks' Pantry

*Serving school meals to local schools*

## Our Kitchen

**Welcome to our Kitchen at St. Andrew's Primary School, Chardstock**

All of our fresh produce is sourced locally and we are proud to be working alongside the following reputable local suppliers to ensure our children have the best possible nutritional start in life:-

**Complete Meats, Axminster** for all of our meat products which are mostly Free Range and local.

**Cains Farm, Bridport** for our vegetables and fruit, locally grown where possible.

**R.T. Parris, Chardstock** for our dairy produce, including Local West Country Cheese and Free Range Eggs.

**Davy's Locker, Bridport** for our fish.

**Paul's Award Winning Bakery, Seaton** for all our daily fresh bread.

## Food Hygiene Rating

The kitchen at St. Andrew's Chardstock received the maximum hygiene rating of 5 at the last inspection.

Occasionally our local suppliers may not be able to deliver and we reserve the right to make substitutions at short notice.



## School Meals – The Standards

All our school meals meet the Government's nutritional based standards for meals in schools. This includes:

- Not less than 2 portions of fruit and vegetables/salad per day
- Oily fish at least once every 3 weeks
- Bread with no added fat or oil
- No added salt
- Starchy food cooked in fat or oil are not provided on more than 3 days a week
- No more than 2 deep fried food items are provided in a single week
- Allergy advice and information is available at each school and on websites



## Free School Meals

All children in Reception, Year 1 & 2 are entitled to a free school meal every day.

Children in Key Stage 2 are entitled to free school meals if you are in receipt of:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The Guarantee element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit and have an annual income (as assessed by HM Revenue and Customs) that does not exceed £16,190
- Working Tax credit run on Universal Credit

You can apply on line at:

<http://www.somerset.gov.uk/education-learning-and-schools/school-life/free-school-meals/> telephone **0845 155 1019** or ask in the school office for a form.

## Pupil Premium Grant

The school can claim £1300 per pupil for all children whose parents who are in receipt of the above benefits.

This money will be used to provide extra support for your child. Please speak to the school office in confidence for further information.

# School Meals Menu – Spring 2018

Limited fresh fruit or yoghurt available daily as an alternative pudding. Fresh bread available daily

<b>Holiday, 22/1,19/2, 12/3</b>	
<b>Monday</b>	Complete Meats Pork meatballs Homemade tomato sauce Pasta Tomato Pasta Bake (V) Vegetables  Homemade Pineapple Upside Down Pudding
<b>Tuesday</b>	Complete Meats Chicken Goujons BBQ Beans ½ Jacket Potato Jacket Potato Cheese and Beans (V)  Homemade Apple and Cinnamon Crumble with Custard
<b>Wednesday</b>	Complete Meats Roast Gammon Fresh Pineapple Fresh Local Vegetables Roast Potatoes Gravy Homemade Cheese and Pineapple Muffin (V)  Vanilla Ice Cream Pot
<b>Thursday</b>	Homemade Complete Meats Minced Beef Lasagne Salad Garlic bread Vegetable Lasagne (V)  Homemade Chocolate Rice Pudding
<b>Friday</b>	Davy's Locker Fishcake Chips Peas Grilled Veggie Pattie (V) Apple Juice  Homemade Chocolate crispy cake

<b>8/1,29/1,26/2,19/3</b>	
<b>Monday</b>	Homemade Complete Meats Beef Mince Pasta Bolognaise Mixed Vegetables Pesto Pasta (V)  Sammy's Homemade Winter Cake
<b>Tuesday</b>	Complete Meats Sausage Roll Peas New potatoes Veggie Noodles (V)  Homemade Sticky Toffee Pudding Square
<b>Wednesday</b>	Complete Meats Roasted Pork Fresh Seasonal Veg Roasted Potatoes Cheese and Potato Pie (V)  Homemade Raspberry Milk Jelly
<b>Thursday</b>	Complete Meats Chicken Tikka Masala Rice Sweet Potato and Lentil Curry (V) Naan Bread  Fresh Fruit Platter
<b>Friday</b>	Davy's Locker Fish fingers Baked Beans Chips  Homemade Veggie Pasty (V)  Apple Juice Homemade Banana Bread

<b>15/1, 5/2, 5/3</b>	
<b>Monday</b>	Homemade Complete Meats Beef Chilli Con Carne Rice  Herby Rice Veg Medley (V)  Homemade Lemon Drizzle Cake
<b>Tuesday</b>	Homemade Macaroni Cheese with Tomato Mixed Veg Bread Wedge  Spiced Chick Pea Stew (V)  Homemade Steamed Jam Sponge and Custard
<b>Wednesday</b>	Complete Meats Roast Turkey Sage and Onion Stuffing Vegetables Roast Potatoes Gravy Sage and Onion Plait (V)  Cheese, Fruit and Crackers
<b>Thursday</b>	Complete Meats Sausage in Hot Dog Roll Baked Beans Pasta Quorn Sausage (V)  Homemade Chocolate Drop Cookie
<b>Friday</b>	Davy's Locker Cod Bites Sweetcorn Chips Lentil Dahl (V)  Apple Juice Homemade Fruity Flapjack Finger

