

Portlocks' Pantry

Serving school meals to local schools

Our Kitchen

Welcome to our Kitchen at St. Andrew's Primary School, Chardstock

All of our fresh produce is sourced locally and we are proud to be working alongside the following reputable local suppliers to ensure our children have the best possible nutritional start in life:-

Complete Meats, Axminster for all of our meat products which are mostly Free Range and local.

Cains Farm, Bridport for our vegetables and fruit, locally grown where possible.

R.T. Parris, Chardstock for our dairy produce, including Local West Country Cheese and Free Range Eggs.

Davy's Locker, Bridport for our fish.

Paul's Award Winning Bakery, Seaton for all our daily fresh bread.

Food Hygiene Rating

The kitchen at St. Andrew's Chardstock received the maximum hygiene rating of 5 at the last inspection.

Occasionally our local suppliers may not be able to deliver and we reserve the right to make substitutions at short notice.



School Meals – The Standards

All our school meals meet the Government's nutritional based standards for meals in schools. This includes:

- Not less than 2 portions of fruit and vegetables/salad per day
- Oily fish at least once every 3 weeks
- Bread with no added fat or oil
- No added salt
- Starchy food cooked in fat or oil are not provided on more than 3 days a week
- No more than 2 deep fried food items are provided in a single week
- Allergy advice and information is available at each school and on websites



Free School Meals

All children in Reception, Year 1 & 2 are entitled to a free school meal every day.

Children in Key Stage 2 are entitled to free school meals if you are in receipt of:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The Guarantee element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit and have an annual income (as assessed by HM Revenue and Customs) that does not exceed £16,190
- Working Tax credit run on Universal Credit

You can apply on line at:

www.devon.gov.uk/free_school_meals, telephone **0845 155 1019** or ask in the school office for a form.

Pupil Premium Grant

The school can claim £1300 per pupil for all children whose parents who are in receipt of the above benefits.

This money will be used to provide extra support for your child. Please speak to the school office in confidence for further information.

School Meals Menu – Summer 2018

Limited fresh fruit or yoghurt available daily as an alternative pudding. Fresh bread available daily

16/04,07/05,04/06,25/06, 16/07	
Monday	Meat Free Monday Cheese and Broccoli Pasta Mixed Vegetables Roasted Summer Vegetable Tart (V) Homemade Devon Apple Cake
Tuesday	Baked Mince Fajitas With Mixed Peppers Quorn Mince Fajitas with Rice (V) Cheese, Biscuits and Apple Wedge
Wednesday	Complete Meats Roast Pork Roasted Potatoes Fresh Seasonal Vegetables Red onion Quiche (V) Summer Peaches – Berry Coulis
Thursday	Complete Meats Sausage in roll Quorn Sausage in roll (V) Summer Coleslaw New Potatoes Homemade Sticky Chocolate Brownie
Friday	Davy's Locker Fishcakes Sweetcorn Chips Baked Veggie Cake (V) Homemade Cheery Cherry Finger Apple Juice

23/04,14/05,11/06, 02/07, 23/07	
Monday	Meat Free Monday Pizza Baguette Homemade Tomato Sauce & West Country Cheddar Mixed Bean and Cheddar Wrap(V) Homemade Seedy Flapjack
Tuesday	Davy's Locker Fresh Poached Salmon Peas, Pasta, Lemon and Parsley Fresh Bread Cheese and Onion Pasta Bake (V) Homemade Jam and Coconut Sponge Cake
Wednesday	Complete Meats Roast Turkey Roasted Potatoes Fresh Seasonal Vegetables Cheese Pinwheel (V) Fresh Fruit Platter
Thursday	Complete Meats Beef Burger in a roll Quorn Burger in a roll (V) Homemade Potato salad Homemade Apple & Sultana Crumble with Custard
Friday	Davy's Locker Cod Nuggets Peas Chips Veggie Fingers (V) Vanilla Ice Cream Apple Juice

30/04,21/05, 18/06, 09/07	
Monday	Meat Free Monday Jacket potato with Cheese Salad Bowl Lentil and Chickpea Stew (V) Homemade Choc Orange Sponge Finger
Tuesday	Complete Meats Italian Sausage Pasta Bake Mixed Vegetables Pesto Pasta (V) Garlic Bread Homemade Sultana shortbread
Wednesday	Complete Meats Roast Gammon Fresh Pineapple Roasted Potatoes Fresh Seasonal Vegetables Cauliflower Cheese (V) Strawberry Mousse Pot
Thursday	Home Cooked West Country Ham and Cheese Ploughman's Apple, Grated Carrot and Baguette Cheese Ploughman's (V) Mandarin Jelly
Friday	Davy's Locker Fish Fingers Roasted Summer Vegetable Pizza (V) Baked Beans Chips Homemade Iced Sponge Finger Apple Juice

