

Dairy free option available

ALLERGEN INFORMATION – Summer Term 2018

Dish	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soya beans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Cheese & Broccoli Pasta	X		x				X							
Mixed Vegetables														
Roasted Summer Tart	X													
Baked Mince Fajitas	X								x					
Rice														
Quorn Mince Fajitas	X													
Roast Pork														
Red Onion Quiche	X		x				X							
Sausage	X		x											
Roll	X		x											
Summer Coleslaw			x											
Quorn Sausage														
Fishcakes	X			x										
Sweetcorn														
Chips														
Veggie Cake	X													
Pizza Baguette	X						X							
Mixed Bean and Cheddar Wrap	X						X							
Poached Salmon				x										
Lemon and Parsley Pasta														
Bread	X													
Cheese and Onion Pasta Bake	X						X							
Roasted Turkey														
Cheese Pinwheel	X						X							
Beef Burger	X								x	x				
Potato Salad							X							
Quorn Burger	X		x											
Cod Nuggets	X			x										
Veggie Fingers	X		x											
Jacket Potato														
Cheese, Salad Bowl														
Lentil and Chickpea Stew									x					
Italian Sausage Pasta Bake														
Garlic Bread	X													
Pesto Pasta	X		x											
Roast Gammon														
Cauliflower Cheese							x			x				
Ham and Cheese Ploughman's	x						x							
Baguette	X													
Fish Fingers	x			x										
Baked Beans														
Roasted Veg Pizza	x						x							
Apple Cake	x		x				x							
Biscuits	x						x							
Apple														
Berry Coulis														
Chocolate Brownie	x		x				x							
Cherry Finger			x				x					x		
Apple Juice														
Seedy Flapjack							x							
Jam and Coconut Sponge Cake	x		x				x							
Apple and Sultana Crumble	x						x					x		
Custard			x				x							
Vanilla Ice-cream														
Chocolate Sponge Finger	x		x				x							
Sultana Shortbread	x						x							
Strawberry Mousse Pot							x							
Mandarin Jelly												x		
Iced Sponge Finger	x		x				x							