

Portlocks' Pantry

Serving school meals to local schools

Our Kitchen

Welcome to our Kitchen at St. Andrew's Primary School, Chardstock

All of our fresh produce is sourced locally and we are proud to be working alongside the following reputable local suppliers to ensure our children have the best possible nutritional start in life:-

Complete Meats, Axminster for all of our meat products which are mostly Free Range and local.

Cains Farm, Bridport for our vegetables and fruit, locally grown where possible.

R.T. Parris, Chardstock for our dairy produce, including Local West Country Cheese and Free Range Eggs.

Davy's Locker, Bridport for our fish.

Paul's Award Winning Bakery, Seaton for all our daily fresh bread.

Food Hygiene Rating

The kitchen at St. Andrew's Chardstock received the maximum hygiene rating of 5 at the last inspection.

Occasionally our local suppliers may not be able to deliver and we reserve the right to make substitutions at short notice.



School Meals – The Standards

All our school meals meet the Government's nutritional based standards for meals in schools. This includes:

- Not less than 2 portions of fruit and vegetables/salad per day
- Oily fish at least once every 3 weeks
- Bread with no added fat or oil
- No added salt
- Starchy food cooked in fat or oil are not provided on more than 3 days a week
- No more than 2 deep fried food items are provided in a single week
- Allergy advice and information is available at each school and on websites



Free School Meals

All children in Reception, Year 1 & 2 are entitled to a free school meal every day.

Children in Key Stage 2 are entitled to free school meals if you are in receipt of:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The Guarantee element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit and have an annual income (as assessed by HM Revenue and Customs) that does not exceed £16,190
- Working Tax credit run on Universal Credit

You can apply on line at:

www.devon.gov.uk/free_school_meals, telephone **0845 155 1019** or ask in the school office for a form.

Pupil Premium Grant

The school can claim £1300 per pupil for all children whose parents who are in receipt of the above benefits.

This money will be used to provide extra support for your child. Please speak to the school office in confidence for further information.

School Meals Menu – Autumn Term 2017

Limited fresh fruit or yoghurt available daily as an alternative pudding. Fresh bread available daily

W/C 4/9, 25/9,16/10, 13/11,4/12	
Monday	Meat Free Monday Margarita Pizza Baguette (V) Jacket Potato & Beans (V) Mixed Salad Bread Homemade Choc & Beetroot Brownie
Tuesday	Complete Meats Toad in the Hole Quorn Sausage Toad in the Hole(V) Mash & Fresh Veg Homemade Apple & Rhubarb Crumble With Custard
Wednesday	Complete Meats Roasted Gammon Cauliflower Cheese Fresh Pineapple Roast Potatoes Roasted Autumn Veg Cous Cous (V) Fresh Local Fruit Yoghurt
Thursday	Complete Meats Chicken Enchilada Quorn Chicken Enchilada (V) Rice Homemade Sticky Toffee Pudding Square
Friday	Davy's Locker Fish Cake Peas and Chips Breaded Veggie Cake (V) Fresh Fruit Friday Apple Juice

W/C 11/9, 2/10, 30/10, 20/11, 11/12	
Monday	Complete Meats Sticky Apricot Chicken Quorn Apricot Chicken (V) Rice Homemade Cherry Shortbread Finger
Tuesday	Tuna Pasta Bake Cheese & Onion Pasta Bake (V) Salad Crusty Bread Homemade Cornflake & Sultana Crunch
Wednesday	Complete Meats Roasted Turkey Roast Potatoes and Fresh Vegetables Veggie Wellington (V) Vanilla Ice cream Pot
Thursday	Complete Meats Beef Burger in a Soft Bun Quorn Burger in a Bun (V) Cajun Potato Wedges Veggie Sticks Homemade Rice Pudding
Friday	Davy's Locker Fish Fingers Beans & Chips Roasted Vegetable Pizza (V) Strawberry Mousse Pot Apple Juice

W/C 18/9, 9/10, 6/11, 27/11	
Monday	Complete Meats Mince Pasta Bolognaise Quorn Mince Pasta Bolognaise (V) Homemade Gingerbread & Custard
Tuesday	Complete Meats Chicken with Bulgar Wheat Pilaf Peas Quorn Chicken Bulgar Wheat Pilaf (V) New Potatoes & Peas Homemade Carrot Cake
Wednesday	Complete Meats Roast Pork, Apple Sauce Fresh Seasonal Vegetables Roast Potatoes Homity Pie (V) Fruit Jelly
Thursday	Italian Sausage Rice with Peppers, Tomatoes & Onions Country Veg Crumble (V) Homemade Chocolate & Date Cookie
Friday	Davy's Locker Coddies Sweetcorn and Chips Mixed Bean & Rice Stew (V) Homemade Apricot Muesli Crunch Apple Juice

