

TATWORTH PRIMARY SCHOOL FOOD POLICY

Reviewed by Premises and Curriculum Committee 3 March 2016

Ratified by Full Governing Body 17 March 2016

Date of Next Review: March 2020

Section A	Whole School Food Policy
Section B	Packed Lunch Policy
Section C	Somerset County Council Food Safety Policy

SECTION A – Whole School Food Policy

Introduction

What children eat and drink at school is important. Everyone at Tatworth Academy aims for a healthy lifestyle encouraging good habits to continue in later life. Food and drink have a significant role to play in determining health and well-being, establishing social roles and reflecting and shaping the school's ethos and values.

Aims

- To increase the availability of healthier options;
- To ensure equality of access and participation for all;
- To ensure consistency of message between the formal curriculum and school food and drink provision.

Practice

- Issues related to food and healthy eating will be addressed in class particularly through Science and PSE topics;
- The school subscribes to the Government initiative of 'The School Fruit and Vegetable Scheme' which provides a free, healthy mid-morning snack for all children in the younger three classes;
- All children are encouraged to bring a piece of fruit or vegetables in as a snack for morning break and discouraged to bring any packaged/processed foods; sweets, crisps, chocolate bars etc. are not allowed;
- Fizzy drinks are not allowed in school;
- Water is available to drink in classrooms; all classrooms have water and there are additional drinking fountains available at convenient locations outside;
- Encouragement is given to parents to try to provide healthy lunch boxes eg: issuing appropriate literature periodically etc.
- Free hot school meals are offered to all KS1 children and the school actively encourages full participation, e.g. by running promotional days
- KS2 children are given the option of choosing a hot meal at cost.

SECTION B - Packed Lunch policy

- The school will work with the pupils to provide attractive and appropriate dining room arrangements.
- The school will work with parents to ensure that packed lunches abide by the standards listed below.
- The school will ensure that free, fresh drinking water is readily available at all times.
- Glass bottles and tins are not permitted due to safety issues that could arise.

- Wherever possible the school will ensure that packed lunch pupils and school dinner pupils will be able to sit and eat together.
- All uneaten food and waste will be kept in the lunchbox and returned home with the child so that parents are able to monitor their child's food consumption

Health and Safety

It is the responsibility of the parents / carers to provide an appropriate packed lunch container where food items can be stored securely and appropriately until the lunchtime period. Parents are advised to include an ice pack. Food products prepared and stored in ambient temperatures after a period of time can have increased levels of bacteria in them.

Storage of Packed Lunches

The school will provide storage area / facilities for packed lunch bags, in the most convenient and appropriate place possible. However the school cannot provide cooled storage areas and therefore cannot take legal responsibility for foods prepared at home and then brought into school.

SECTION C – Food Safety Policy

In addition to the above the school adopts the Somerset County Council Food Safety Policy, which is attached.

DISSEMINATION OF THE POLICY

- The policy will be available on the school's website

POLICY REVIEW

This policy will be reviewed as part of the schools agreed policy review process. In addition any major legislative or governmental changes regarding school food may lead to this policy being amended.